

**PARISH STAFF**

(NOTE: Please use the 703 area code for all numbers.)

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**Parochial Vicars:**

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Rev. Donald J. Heet, OSFS 860-8510 x157

Rev. Robert A. Mancini, OSFS 860-8510 x145

**In Residence:**

Rev. William N. Dougherty, OSFS 860-8510 x144

**Permanent Deacons:**

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Deacon Dennis A. Holley 860-8510 x222

Deacon Atanacio Sandoval 860-8510 x223

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**PASTORAL CARE**

**INFANT BAPTISM:** Call to register for the Baptism Class, offered monthly. English 703-860-8510; Spanish 703-860-8510, x353.

**RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA):**

Please call Sue Colyer 703-390-2340, to inquire about becoming Catholic.

**MARRIAGE:** Begin preparation with one of our parish priests at least six months before the desired marriage date.

**SICK:** Please call the office if you know of someone who is hospitalized, seriously ill, or home-bound.

*\*Please Note: Material for the bulletin must be submitted no later than Thursday, ten days prior to the intended publication date.*

**THIS WEEK**  
**AT SJN...**

**SUNDAY, FEBRUARY 14**

RCIA Dismissal: 10:00am;

Conference Room

Knights of Columbus Catholic

Education (K)night: 6:30pm;

Brown-McCarthy Auditorium



**MONDAY, FEBRUARY 15**

*Presidents' Day Holiday*

*Parish Office Closed All Day*

**TUESDAY, FEBRUARY 16**

FF Classes

French Conversation: 9:30am; A1

Mardi Gras Dinner: 5:30pm; Brown-McCarthy Auditorium

Pax Christi: 7:00pm; Conference Room

RCIA Catechumenate: 7:30pm; A1/A2

RCIA Inquiry: 7:30pm; Bridal Room

RCIA Elect: 7:30pm; Youth Room

Knights of Columbus Social: 8:00pm; Brown-McCarthy Auditorium

**WEDNESDAY, FEBRUARY 17**

FF Classes

Newcomers Group: 10:00am; Conference Room

Angel Choir: 5:00pm; Music Room

Children's Choir: 5:30pm; Music Room

Family Reconciliation Service: 6:30pm; Church

Reconciliation (The Light is On); 6:30pm; Church

JustFaith: 7:00pm; A1/A2

Legión de María: 7:00pm; B4

Spanish Young Adults: 7:00pm; B3

Welcome Home: 7:00pm; Bridal Room

Finance Council: 7:30pm; Conference Room

**THURSDAY, FEBRUARY 18**

Mothers' Group Play Group: 9:30am; Early RE Room

Contemplative Prayer: 7:00pm; Church

Emergency Preparedness Training: 7:00pm; A1

Legion of Mary: 7:00pm; B4

Life After Sunday: 7:00pm; B1

Pro Life: 7:00pm; Conference Room

Stations of the Cross in Spanish: 7:00pm; de Sales Chapel

Adult Confirmation Preparation: 7:30pm; Bridal Room

**FRIDAY, FEBRUARY 19**

Mothers' Group Bible Study: 10:00am; Conference Room

Stations of the Cross and Soup Supper: 6:30pm; Church and

Brown-McCarthy Auditorium

**SATURDAY, FEBRUARY 20**

Cross Pin Distribution After Mass

Car Raffle Ticket Sales After Mass

Life+Savers: 3:00pm; Brown-McCarthy Auditorium

Hypothermia Prevention Shelter Thank You Reception: 6:00pm;

Brown-McCarthy Auditorium

**SUNDAY, FEBRUARY 21**

FF Classes

Cross Pin Distribution After Masses

Car Raffle Ticket Sales After Masses

RCIA Dismissal: 10:00am; Conference Room

Parish Lenten Mission: 7:30pm; Church and de Sales Chapel

## THE FIRST SUNDAY OF LENT



Ash Wednesday  
February 10, 2016

Dear Brothers and Sisters in Christ Jesus,

The season of Lent will be different this year, because it occurs during a unique time: the Jubilee Year of Mercy. In itself, mercy means a generous, faithful and compassionate goodness. Mercy has a face! According to Pope Francis, “Jesus Christ is the face of the Father’s mercy” (cf. *Misericordiae Vultus*, no. 1).

When he announced the Jubilee Year of Mercy, Pope Francis asked that “the season of Lent in this Jubilee Year be lived more intensely as a privileged moment to celebrate and experience God’s mercy” (ibid., no. 17). So, this Lent, we are to experience God’s mercy ourselves from God’s own Son Jesus Christ and to offer mercy to others, especially to those in real need, whatever the nature of their need. Mercy, then, has another face: the compassion, forgiveness, assistance and care given to our brothers and sisters.

Through more intentional and sustained prayer, we encounter Mercy Incarnate in His Word and through an outward sign in each of the sacraments, especially in Penance and the Holy Eucharist. The Sacrament of Penance is more available in each of our parishes each Wednesday during Lent from 6:30 - 8:00 p.m. through our participation in The Light is ON for You initiative. Moreover, through the works of penance or mortification, including fasting, we become more freed and more disciplined in order to listen to Christ’s Word and to embrace Him in prayer and the sacraments.

Almsgiving —giving generously to those in need —takes on a key focus this Lent, because, in giving alms, we manifest God’s mercy. As Pope Francis states so clearly in his message to us this Lent: “In the corporal works of mercy we touch the flesh of Christ in our brothers and sisters who need to be fed, clothed, sheltered, visited: in the spiritual works of mercy —counsel, instruction, forgiveness, admonishment and prayer —we find more directly our own sinfulness. The corporal and spiritual works of mercy must never be separated” (cf. Message of His Holiness Pope Francis for Lent 2016, no. 3). One tangible way to practice the corporal works of mercy is taking part in the Rice Bowl initiative sponsored by the United States Catholic Bishops and Catholic Relief Services. It is one way in which we can help to alleviate the scourge of global hunger.

Lent is given to us disciples of Jesus Christ and members of His Body the Church so that we can reclaim our Baptismal dignity and live more authentically as Christ’s followers. Lent is the season for us to draw closer to Jesus Christ, Mercy Incarnate, so that we can become and remain “convincing heralds of mercy” (cf. *Op. Cit.*, no. 25) all year long, all life long. Yes, Lent is different this year, as each one of us encounters Jesus Christ, Mercy Incarnate, and, thus transformed, becomes mercy incarnate to everyone we encounter.

Joining you on the road of Lent, I remain,  
Faithfully in the Heart of Christ,

*+ Paul S. Loverde*

Most Reverend Paul S. Loverde  
Bishop of Arlington

### Prayer and Liturgy



**WE WELCOME** those who have recently entered into our faith through the waters of Baptism: **John Haxton Hutchinson**, son of Matthew and Kathleen; and **Bruce Anthony Mrha**, son of James and Yvonne.

**WE PRAY** for those who have died, especially **Norma Banziger**, wife of Hans; **Laura Bhadra**, wife of Dipasis, and mother of Mandip and Sara; and **Pete Perich**, father of Ken.





## THIS SUNDAY'S READINGS:

Deuteronomy 26:4-10;  
Psalm 91: 1-2, 10-11, 12-13, 14-15;  
Romans 10:8-13; Luke 4:1-13

The Gospel for the First Sunday of Lent reminds us that when we are tempted with selfish desires we must keep focused on God's way of love as exemplified in Jesus. Here are a few of St. Francis de Sales' thoughts on loving God first, then doing what we desire.

Jesus was tempted in order to teach us that we will always have to choose between good and evil during our entire life. While Jesus tells us that the life of a Christian is a continual rejecting of evilness, and a constant choosing of God's truth and goodness, He also urges us to walk in the way of love as God's most dear children. When we live to do God's will nothing can harm us, for we are armed with faith in God. God's love becomes the source of all of our desires.

Yet even in our desire to do God's will, our selfish motives can infect our thinking. Many people who counted on their own strength to work marvels for God failed when under fire, while those who found their strength in God's help accomplished wonders. We may feel that we do not have the strength to resist our selfish desires. We ought not to be afraid of our weaknesses. Since we desire to belong entirely to God, we must rely on the strength of God, who never fails us in the midst of our weaknesses.

While we must have a firm and habitual resolution never to willfully commit any imperfection, we must not be astonished if we do. At such times we must confide ourselves to the goodness of God, who does not love us less. Very gently place your heart back into the hands of Our Lord, asking God to heal your heart. Then set yourself once again on the path of virtue, practicing the virtue that opposes your selfish desire.

As we grow in holiness, knowledge of our faults disturbs us more. When we find ourselves not the saints we hoped to be, we are very discouraged in the pursuit of real virtue. Do not hurry on so fast. Begin to live well your life in light of your duties of state. Perfection consists in doing the little we do in our vocation, in love, by love, and for love. Trust God. When it pleases God to do so, God will make all your desires holy.

*(Adapted from J. Power & W. Wright, Francis de Sales, Jane de Chantal, Sermons; Rev. L. Fiorelli, OSFS, ed.)*

## 2017 MASS INTENTIONS BOOK

There is a very limited number of dates available for Mass Intentions for 2016. The Mass Intention Record Book for 2017 will be opened on Tuesday, March 1. At that time, intention requests will be accepted for the months of January through June.



<b>SATURDAY</b> 5:00pm	<b>FEBRUARY 13</b> People of the Parish
<b>SUNDAY</b> 7:30am	<b>FEBRUARY 14</b> Allan J. Riley †
9:30am	The Flynn Family, Special Intention
11:30am	Bob Hando †
1:30pm	Liz Armbrust †
5:00pm	Meg Friel †
<b>MONDAY</b> 9:00am	<b>FEBRUARY 15</b> Pauline Baker
12:10pm	No Mass Today
<b>TUESDAY</b> 6:30am	<b>FEBRUARY 16</b> John E. Breheny †
9:00am	John Ames †
<b>WEDNESDAY</b> 6:30am	<b>FEBRUARY 17</b> Charles Vohwinkel †
9:00am	Aurora Wagner †
12:10pm	Michael Tomko †
<b>THURSDAY</b> 6:30am	<b>FEBRUARY 18</b> Jaime Concepcion †
9:00am	Robert Nash Brown †
<b>FRIDAY</b> 9:00am	<b>FEBRUARY 19</b> Ann Flynn †
12:10pm	Ilario Clandorf †
<b>SATURDAY</b> 5:00pm	<b>FEBRUARY 20</b> Marguerite and John Wise ††
<b>SUNDAY</b> 7:30am	<b>FEBRUARY 21</b> People of the Parish
9:30am	Margaret and Andrew Sharpe ††
11:30am	Rev. Robert Mancini, Special Intention
1:30pm	Itzel Cooper, Special Intention
5:00pm	Robert James Montgomery †

**HEARING IMPAIRED?** Amplification devices are available for anyone having difficulty hearing the Mass. If you would like one, just ask an usher before Mass.

**PLEASE PRAY** for those who have asked for our prayers: Sean Costello; Jean Dolan; Dick Harlow; and for all who are sick and all caregivers who minister to the sick.

*When you call to add a name to our prayer list, please leave your name and number as a contact and let us know what the illness is. Before calling, please be sure you have spoken to the person or a member of the family about adding their name - we do not want to inadvertently disregard someone's desire for privacy.*

*Names of those who are sick or injured will be kept on the list for three weeks unless you specifically request a shorter period of time or call to ask that the name be removed. **Names added this week appear in Boldface type.***

# THE FIRST SUNDAY OF LENT

## SCHEDULE OF LENTEN LITURGIES AND SERVICES

### *Daily Mass*

Monday - Friday, 9:00am  
Tuesday, Wednesday and Thursday, 6:30am  
Monday, Wednesday and Friday, 12:10pm

### *Lenten Mission*

February 21 - 24, 7:30pm

### *Stations of the Cross*

Stations in Spanish - Thursdays, 7:00pm  
Fridays - 6:30pm, followed by Soup Supper  
(except March 11, with Fish Fry at 5:00pm followed by Stations)

### *Taizé Prayer*

Sunday, February 28, 3:30pm\*  
(\*at Northern Virginia Mental Health Institute, 3502 Gallows Road)  
Tuesday, March 8 and Wednesday, March 23, 7:00pm

### *Confessions*

Saturdays - 10:00 - 10:30am  
(except Holy Saturday)  
Wednesdays - 6:30 - 8:00pm  
February 17, 24; March 2, 9, 16, 23

### *Family Reconciliation Service*

Wednesday, February 17, 6:30pm

### *Lenten Penance Service*

Tuesday, March 15, 7:00pm

### *Exposition and Adoration*

Thursdays, March 10, 3:00 - 8:00pm

As we near the end of our Lenten journey, the schedules for Palm Sunday, Holy Week services, Triduum and Easter will be included in this column.

## LITURGY PRESIDERS NEXT WEEKEND

Assuming there are no changes, the presiders for the weekend of February 20- 21 are:

Saturday	5:00pm	Father Tom
Sunday	7:30am	Father Jerry
Sunday	9:30am	Father Bob
Sunday	11:30am	Father Joe Newman, OSFS
Sunday	1:30pm	Father Mike Newman, OSFS
Sunday	5:00pm	Father Bill

**RCIA RITE OF SENDING** At the entrances to the church are baskets containing the names of the catechumens who will be initiated into the Catholic Church during the Easter season. We invite you to select a name from the basket and pray for this person throughout Lent. You are also invited to send a note of encouragement and support to the person whose name you select. These can be placed in the box at the Welcome Desk.

This Sunday at the 9:30 Mass we celebrate the Rite of Sending for Election with those who have been preparing for baptism. During the rite, sponsors witness to the readiness of the catechumens for reception of the initiation sacraments. Each catechumen signs our parish Book of the Elect.

In the afternoon, the catechumens along with their godparents and sponsors, will go to St. Thomas More Cathedral for the Rite of Election.. Based on the testimony given by the sponsors and our support of their readiness for the sacraments, Bishop Loverde will declare the catechumens to be elect, chosen by God for Baptism this Easter. Bishop Loverde will sign our Book of the Elect which will be on display in the narthex throughout the Lenten and Easter seasons. Our adult catechumens are Rosibel Alvarenga and Rudis Chavez. Our children and youth are Hailey Bowen, Jade Bowen, Kathy Cortes, Jennifer Huezo, Luis Huezo and Plamedi Yambayamba.

**PRAY FOR A PRIEST DAILY** We continue our daily prayers for the priests and brothers in the Arlington Diocese by praying this week for:

- February 15 Reverend Phillip M. Cozzi
- February 16 Reverend Gerard Creedon
- February 17 Reverend John C. Cregan
- February 18 Reverend Keith D Cummings
- February 19 Reverend David Curran, C.I.C.M.
- February 20 Reverend Jerome R. Daly
- February 21 Reverend Kevin J. Dansereau

## UPCOMING SPECIAL LITURGIES

Sunday, February 14	9:30am	RCIA Rite of Sending
Sunday, February 28	1:30pm	RCIA First Scrutiny

**NEXT WEEKEND'S READINGS:** Next weekend we celebrate **The Second Sunday of Lent**. Please prepare for Mass and the Homily by reflecting on these texts from God's Word:

**Genesis 15:5-12, 17-18** This passage describes a covenant ceremony in which each party passes between the carcasses of split animals. This is an enactment of the declaration: "May I be split as these animals if I break this covenant." God, as initiator, passes through first under the form of fire.

**Psalms 124:1-8** **The Lord is my Light and my Salvation.** This brings together what were originally two distinct psalms; a hymn of confidence, and a prayer of need, wherein the psalmist confidently requests divine protection.

**Philippians 3:17-4:1** Transfigured on the mountain, seated at the right hand of the Father, Jesus reveals the glory to which we are called. Those who strive after the things that are above will see their lives transfigured in the image of the Risen One.

**Luke 9:28-36** This mysterious scene reveals the fact that Jesus stands above all the prophets, even Moses and Elijah, whose oracles and deeds He fulfills. The disciples, tempted to settle in this moment of glory, must take to the road again and follow the Messiah to the end. The Father's Chosen One must go up to Jerusalem to be crucified there before entering into glory.

**PARISH LENTEN MISSION: "BE AT PEACE"** Our parish mission, February 21 - 24, will feature Father Michael Newman, OSFS and Father Joe Newman, OSFS as our presenters. "Be at Peace" is the theme. Saint Francis de Sales writes "Be at peace"; it is not a suggestion but a command - and one that we, surrounded as we are in the world right now by fear, duplicity, perfectionism, workaholism, worry, etc. know all too well. Throughout our parish mission we will look at peace - both what brings us to peace and also the anxiety, stress, and fear that so often robs peace from our lives. The mission is a four-night event: Sunday through Wednesday at 7:30 pm. There will be a presentation each night in the de Sales Chapel in Spanish and the church in English, before coming together to finish in prayer for the evening. Please mark your calendar today and plan to attend.

### **LENTEN STATIONS OF THE CROSS AND SOUP**

**SUPPERS** Join us while we pray as a community on Friday evenings during Lent. Stations of the Cross will begin in the church at 6:30pm and will be followed immediately by soup supper. Representatives of various ministries will take turns hosting these events. The schedule for our hosts is:

- February 19: Music and Shawl Ministries and Pro-Life, with Dr. Patricia Maloof from Migration and Refugee Services.
- February 26: *JustFaith* and Social Justice Ministry with panel discussion including refugee and mentors to refugee families.
- March 4: Health Ministry and Pax Christi, with Deacon Albert A. Anderson, Jr., Office of Black Catholics.
- March 11: Fish Fry from 5:00 to 6:30pm with Knights of Columbus and Stations at 7:00pm with Young Adults.
- March 18: Spanish Ministry and Pastoral Council with speaker from Spanish Community.
- March 25: No soup; Living Stations of the Cross at 3:00pm will be performed by High School Teens.

**THE LIGHT IS ON** Are you having difficulty forgiving an acquaintance or a loved one? Have you considered seeking God's healing first? In fact, that's what the Sacrament of Reconciliation is all about. On Wednesdays, from 6:30 - 8:00pm come to St. John Neumann and experience God's compassionate love in this Sacrament. To help you reflect and grow daily this Lent, sign up for daily texts or emails by texting "Lent" to 84576. To find times at other parishes and for additional resources visit [TheLightsOn.org](http://TheLightsOn.org).

### **A 4-WEEK LENTEN SCRIPTURE COURSE**

on Wednesday mornings at our parish from 9:50 to 11:50am begins on February 17. The course, "Back to the Basics - the Ten Commandments, The Beautitudes, and The Our Father in Their Original Scriptural Context" will be led by Dr. Joseph Jensen, Catholic Biblical Association of the US at Catholic University. The course is provided by the Continuing Christian Development Institute (CCDI). For further information and course application, please contact Dr. William J. Tobin, CCDI Director at 703-941-4329 or [Tobwil136@aol.com](mailto:Tobwil136@aol.com).

## **Parish Information**

**CAR RAFFLE SALES** Tickets will be on sale starting the weekend of February 20 - 21, after all Masses. As in past years, all the earnings go directly to worthy causes. A portion of the money will again be used to help the parishioners of our sister parish, Niño Jesús. We will assist them in funding the Narcisa de Jesús community project, including building classrooms to help provide a place for religious education. This year we will also contribute to two organizations helping those here in Virginia: The Health Wagon (which strives to provide compassionate, quality health care to the medically underserved people in the Mountains of Appalachia), and Family Preservation and Strengthening Services – Family Pass (which helps families that are homeless or at risk of homelessness in Fairfax County through help with rent subsidies, food, transportation, job training and more).



### **ARE YOU AND YOUR FAMILY PREPARED FOR AN EMERGENCY?**

Do you have a family plan? Do you have emergency supplies for your family and pets if the power is out and the roads are closed for a few days or longer? What if someone gets hurt and rescue crews cannot get to you right away? These are all important questions and there are good answers. Fairfax County participates in a National Program, the Community Emergency Response Team (CERT). CERT provides **free training** that prepares citizens for all kinds of emergencies, and is presented by certified instructors. CERT training prepares you to be ready and to safely respond to emergencies of all types, so you can help your family and community in the crucial moments before help can arrive. CERT is a positive and realistic approach to emergency situations where citizen action can make a vital difference. Participants must be at least 16 years old.

CERT training includes things you can do to:

- prevent emergencies in your home and office; safety practices
- prepare for a disaster and reduce the impact when it happens
- protect yourself and your family during a disaster
- help your family and your community recover after a disaster if the professional responders are delayed getting to you right away

An information night will be held in the Brown-McCarthy Auditorium on Thursday, February 18, at 7:00pm, to find out more information about CERT classes. If there is sufficient interest, the full CERT class will be held in the future in the Brown-McCarthy Auditorium. Classes are also available at the Fairfax County Fire and Rescue Academy. Have questions? Contact SJN parishioner Kathy Jones at 703-598-3703. For more information, please visit <http://www.fairfaxcounty.gov/fr/cert/cert.htm>.

## THE FIRST SUNDAY OF LENT

**FROM THE PARISH NURSE: FEBRUARY IS NATIONAL HEART MONTH.** This is a good time to review a little heart health knowledge. Without reading ahead, let's see how well you do answering the following 5 questions:

1. What is the leading cause of death globally?
2. What are the three key risk factors for heart attack and stroke?
3. What risk factor is the leading cause for heart attack and stroke?
4. What gender and race have the highest risk for heart disease?
5. What are three behaviors that can reduce your risk for heart attack and stroke?

### Answers

1. The leading cause of death globally according to The World Health Organization, is cardiovascular disease. In 2012, CVD represented 31% of all deaths. It is important to note that altering "modifiable risk factors" would prevent many of these deaths. (See answers 2,3 and 5).
2. The three key risk factors for heart attack and stroke are high blood pressure, high cholesterol and smoking. These are modifiable risk factors. For example, one can't do anything about their genetics, race or age, but one can significantly lower the risk for a cardiovascular event by implementing lifestyle changes in these three critical areas.
3. The leading cause of heart attack and stroke is high blood pressure. High blood pressure is a *modifiable* risk factor. In fighting HBP (hypertension), knowledge is power. Learn the normal BP range and if you are at risk, monitor BP regularly, see answer # 5, and visit your primary care provider!
4. According to the Center For Disease Control, African American males disproportionately carry the highest risk for heart disease. This is important to understand. CDC provides many resources directed toward addressing this issue and support is available at [www.cdc.gov](http://www.cdc.gov).
5. Three behaviors that can reduce the risk for heart attack and stroke are: maintain a healthy diet and healthy weight, stop smoking, and increase physical activity. A healthy diet translates into eating foods lower in saturated fats, trans fats and high cholesterol, eating less processed foods, increasing the amount of fruits and vegetables in your daily diet, lowering sodium and increasing fiber. Ceasing tobacco use is HUGE but CRUCIAL to reduce the risk of a cardiovascular event. Physical activity helps lower cholesterol, assists with weight loss, increases endurance, supports diabetics to lower blood sugar, reduces depression, and has multiple other lifestyle enhancing effects.

Heart health both increases quality of life and save lives. To borrow the slogan...."Just do it!" Check out the Health Ministry Bulletin Board in the main hallway for more information, and pick up some of the pamphlets or flyers from the pamphlet rack to learn more about how you can improve your heart health. You owe it to yourself and your family!

### **MAKING JUSTICE WORK: A COMMUNITY FORUM ON CRIMINAL JUSTICE REFORM IN VIRGINIA**

Come join a discussion with the Virginia Secretary of Public Safety, state legislators, activists, and persons having experienced the criminal justice system. St. John Neumann is one of the faith communities sponsoring this effort. The event will take place on Saturday, February 20, from 2:00 - 4:00pm at the ADAMS Center, 46903 Sugarland Road, Sterling, VA 20164. All are welcome!

**VOUNTEERS NEEDED** The Naomi Project, a program of Our Daily Bread, seeks volunteers to mentor at-risk pregnant or newly parenting women in Northern Virginia for a year or longer as appropriate. Spanish speakers are especially needed.

A training session will be held 8:30am to 3:30pm. on Saturday, February 20, at the Rowland Conference Center at Kelly Square, 10777 Main Street, Fairfax. Pre-registration is strongly encouraged. A \$35 nonrefundable registration fee covers training materials, a criminal background check and food at the training session. A completed volunteer application is required.

For more information about the Naomi Project, visit <https://www.odbfairfax.org/NaomiProject> or <https://www.facebook.com/NaomiProjectofNorthernVirginia>. For questions about the training session or to obtain an application, please contact Training Coordinator Laura Greenspan at 703-860-2633 or [naomiproject@outlook.com](mailto:naomiproject@outlook.com).

## Fellowship

### ONGOING FELLOWSHIP AT SJN:

- **Sunday Coffee** Join us for coffee, juice, muffins, and fellowship each Sunday from 8:30—11:30am. All are welcome!
- **9:00am Daily Mass and Fellowship:** Following Mass in the Chapel, join us in the Bridal Room for coffee and cookies.
- **Knights of Columbus:** Are you a male, age 18 years or older and a practicing Catholic, and wish to embark on a journey that emphasizes faith, fraternity, and fellowship with a real commitment to service in our community? If so, please consider becoming a member of the K of C Family of Man Council #7566. Take that first step and contact us at [info@kofc7566.us](mailto:info@kofc7566.us).
- **Life+Savers:** On the 3<sup>rd</sup> Saturday of every month, 7<sup>th</sup> and 8<sup>th</sup> graders gather for a special, fun time between 3:00 - 4:30pm. Each Sunday evening, we meet in the Youth Room for about one-half hour after Faith Formation classes. Contact Kevin McManus at [lifesavers@saintjn.org](mailto:lifesavers@saintjn.org).
- **Mothers' Group:** Join us for weekday, evening and weekend playgroups, nights out, special events and more. Membership is open to all new, veteran and expectant caregivers of small children. Membership is free and participation is voluntary in all group activities. For more information please send email to [momsgroup@saintjn.org](mailto:momsgroup@saintjn.org).
- **Praying College Moms:** Join us on the 1<sup>st</sup> Friday morning or the 2<sup>nd</sup> Thursday evening for shared prayer, support and fellowship. For morning sessions, email [gallo.kellymarie@gmail.com](mailto:gallo.kellymarie@gmail.com), and for evening sessions email [ksmonroe58@gmail.com](mailto:ksmonroe58@gmail.com).
- **Shawl Ministry:** On the afternoon of the third Sunday of every month we gather to pray, talk, and create beautiful handmade shawls for those who are ill or grieving. Contact Teresa Westhues at 703-969-8430 to join or request a shawl.
- **Women's Newcomers Group:** Have you just moved to the area? Consider joining our new support group, meeting weekly during the day. For information, email Megan Murphy at [megan.murphy218@gmail.com](mailto:megan.murphy218@gmail.com).
- **Young Adults:** If you are in your twenties or thirties and are looking for a community to socialize, do service and pray with, then come join us! For more information, email Marie Ruff at

**50+ CLUB ACTIVITIES:** For more information on any 50+ Club event, please email Pat Bossie at [grankidsx9@aol.com](mailto:grankidsx9@aol.com) or call 703-620-3747. Remember to call Pat to make reservations.

- **Tuesday, March 15:** 11:30am at P. J. Mulligan's, 2310 Woodland Crossing, Herndon, VA 20171. It is close to St. Patrick's Day and this is an Irish pub. Need we say more? The restaurant will hold about 40 seats for us. Visit their website at

**YOUNG ADULTS:** Watch here for upcoming activities for singles and couples in their 20s and 30s. Unless otherwise noted, for more information on any event, or to be added to the YA email distribution list, email Marie Ruff at [saintjnya@gmail.com](mailto:saintjnya@gmail.com).

- February 21-24. Parish Lenten Mission. This four-night event consists of a presentation followed by joining together in prayer. The theme is "Be at Peace;" we will be looking at peace - both what brings us to peace and also the anxiety, stress, and fear that so often robs peace from our lives. See the weekly email for more information.
- Saturday, March 5; 9:00am-12:45pm: Live Jesus! 2016 at Our Lady of Good Counsel, Vienna. Register for this morning of reflection, fellowship and prayer at <http://www.oblates.org/main/development/live-jesus/> (no registration fee; freewill offerings accepted). This year's theme: "Opening the Door to the Joy of Mercy." Email Marie at [saintjnya@gmail.com](mailto:saintjnya@gmail.com) if you are going so we can carpool/sit together.
- Sunday, March 6: Enjoy faith and fellowship as we attend the 9:30am Mass as a group, followed by the Knights of Columbus pancake breakfast. We'll meet in the front of the church around 9:20 so we can all sit together. Email Laura at [llgodlewski@gmail.com](mailto:llgodlewski@gmail.com) to let her know to expect you.
- Friday, March 11; 7pm: Stations of the Cross: The Young Adults are leading Stations of the Cross. We will gather in the church by 6:45pm. We are looking for volunteers: a cross bearer, candle bearers, readers, and singers/musicians. Contact Melissa at [melissahunt02@yahoo.com](mailto:melissahunt02@yahoo.com) by February 29 if you are interested.

**KNIGHTS OF COLUMBUS FAMILY OF THE MONTH** Brother Tom McFarlane has been very active in the Council and the Parish for many years and recently was instrumental in organizing some community outreach opportunities and events for Council participation. One of the projects supported Marian Homes which owns and operates houses used as group homes for the intellectually disabled. Tom coordinated the participation of a dozen brothers from the Council to help another Council revitalize a home recently purchased for another five special-needs individuals. Tom is also organizing a social gathering for the intellectually disabled and their caregivers at the parish and has other projects planned in the future. Tom and his wife, Betty, are also involved in the Live Jesus communities and are on the Monday morning money-counting team. With pleasure, we announce that the McFarlanes are the February Family of the Month.

## Faith Formation

Sue Colyer, Interim Director 703-390-2340  
[suecolyer@saintjn.org](mailto:suecolyer@saintjn.org)

### ONGOING ADULT FORMATION OPPORTUNITIES:

Unless otherwise noted, for more information on any program, contact Sue Colyer.

- **Welcome Home** Are you a "returning" Catholic or perhaps thinking this may be your home? See the brochure on the hallway table and on the parish website [www.saintjn.org](http://www.saintjn.org) under *Welcome*. We are currently forming a new small group for returning Catholics that will meet for six weeks.

- **Rite of Christian Initiation of Adults (RCIA)** Interested in being Catholic? Do you have questions? A group of inquirers meets on Tuesday evenings. Let us know if you are interested.
- **Contemplative Prayer** There is quiet prayer together every Thursday evening at 7:00pm. We also meet on the second and fourth Thursdays of the month at 10:00am with Lectio Divina. The simple format is explained each time we gather. Information is on the parish website. All are welcome.
- **Bible Study for Mothers With Young Children** This group meets on Fridays from 10:00 to 11:30am, with child care provided. Email Christy Cottrell for more information at [christylc23@gmail.com](mailto:christylc23@gmail.com).
- **The Power of Story "SPIRITUALITIES" IN THE CONTEXT OF THE HERES AND THE BEYONDS** This program, presented by William R. Stott, Jr. meets on Monday evenings at 7:00pm in the deSales Chapel. Registration flyers and schedule are on the table in the main hallway. All are welcome!

### FAITH FORMATION PRE-K—8TH GRADE

Angela Davis 703-390-2345  
[adavis@saintjn.org](mailto:adavis@saintjn.org)

### FAMILY RECONCILIATION

"The future passes through the family. So protect your families! Protect your families! See in them your country's greatest treasure and nourish them always by prayer and the grace of the sacraments." *Pope Francis* Mark your calendars for our Family Reconciliation Service! FF families, please join us for a Family Reconciliation Service on February 17 at 6:30pm in the Church. All our priests will be available for the celebration of this sacrament.

### HIGH SCHOOL YOUTH MINISTRY (AGAPE)

Doug Johnson 703-860-6141  
[djohnson@saintjn.org](mailto:djohnson@saintjn.org)

### UPCOMING AGAPE EVENTS:

Mark your calendars for the following exciting, fun-filled upcoming Agape or Agape related events and make plans to attend:

- Sunday, February 14; High School Teen Night (Agape) Game and Movie Night: 6:30pm, Youth Room
- Next Weekend: Cross Pin Distribution After Masses - see below
- Sunday, February 21; High School Teen Night (Agape) and Parish Mission
- Sunday, February 28; High School Teen Night (Agape): 6:15pm, Brown-McCarthy Auditorium
- Saturday, March 5; Mini Work Camp: 9:00am to 3:00pm, Parking Lot

### HIGH SCHOOL TEEN (AGAPE) GAME AND MOVIE

#### NIGHT

All High School teens and their friends are welcome to join us for a Game and Movie night. Celebrate having Monday off from school for Presidents' Day and join us to play games, watch a movie and enjoy some food, fun and fellowship. We will have pizza! Bring friends, your favorite board game and your favorite movie suitable for viewing by a Christian youth group. Choice of movie will be determined from among available selections. If selections submitted are not deemed appropriate by management, an appropriate substitute will be provided. Don't miss out - share in the fun!

## THE FIRST SUNDAY OF LENT



### CROSS PIN DISTRIBUTION NEXT WEEKEND BY OUR DIOCESAN WORK CAMP TEAM!

Teens participating in the Diocesan Work Camp this summer will be distributing cross pins which they have made after all Masses February 20 and February 21. These crosses not only symbolize the support of our Saint John Neumann Community for this important ministry, but more importantly symbolize the greatest sacrifice ever made in the history of the world – Our Savior, Jesus Christ, dying on the cross for the sins of all humanity. Your contributions will help defray lodging and meal expenses for the teen and adult volunteers from our parish when they travel to Massaponax, Virginia to spend a week helping our poor, disabled, elderly and underprivileged brothers and sisters in our Diocese. Thank you in advance for your generous support of these teens and adults who will be eyes and feet and hands of Christ making a difference in the lives of others!

**MARCH MINI WORK CAMP** Calling all teens and adults! Make a difference in someone's life. Would you like to help those in need, learn some new skills, do hands-on basic home repairs and have fun? If your answer is yes, sign up and join us for the next Mini Work Camp on Saturday, March 5 from 9:00am - 3:00pm! No experience is necessary – help bring hope by sharing your Christian love with those in need in our community. Permission Slips are required! Contact Phyllis Rienzo by phone at 703-795-0339 or e-mail at [prienzo@verizon.net](mailto:prienzo@verizon.net) for a permission slip, more information and to let her know that you will be joining us!

### Special Collection Stewardship

#### NATIONAL BLACK AND INDIAN MISSION

**COLLECTION** Next week we will participate in the 131<sup>st</sup> National Black and Indian Mission Collection. Our support helps build the Church in African American, Native American, and Alaska Native communities from coast to coast. Schools, parish religious education programs and diocesan ministries depend on your generosity to help the spread the Gospel of Jesus Christ!

**BISHOP'S LENTEN APPEAL** The Bishop's Lenten Appeal is in full swing and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and further Jesus' Mission in our diocese. During this Jubilee Year of Mercy, let's join together to do the Lord's work - work that touches the lives and souls of thousands of people in our diocese. Thank you!

OUR THANKS TO  
VIRGINIA EYE CENTER  
SARAH MERRILL, M.D.  
FOR SPONSORING AN AD  
IN OUR WEEKLY BULLETIN

### Around the Diocese

#### VOLUNTEER DRIVERS NEEDED

Volunteer drivers are needed to pick up bakery products from a local store and deliver them to a local homeless shelter one night per week, or one night every *other* week. Total time required per night is under two hours. Please call Judy or Dan Young (703-620-0948) if you are interested in volunteering with this on-going project.

#### DONATE YOUR USED CAR AND HELP A FAMILY BECOME MORE SELF-RELIANT!

If you are thinking of replacing your old car with something new, please consider donating your old car to Catholic Charities. We take used vehicles and give them directly to families in desperate need of transportation. Donating to Catholic Charities is easy. We handle all the paperwork and you receive an IRS donation receipt. Avoid the hassle of selling your car, simplify your life and reclaim that space in your garage. To donate, please call 703-841-3898.

#### YOU CAN FIND EMPLOYMENT

Christians are Networking (CAN), a ministry of Catholic Charities of the Diocese of Arlington, assists people who are unemployed or under-employed. This is also a tremendous resource for recent college graduates who are new to the job market. CAN provides free career counseling, skills in navigating today's job market, resume reviews, practice job interviews and networking opportunities. CAN is offered at St. Theresa Catholic Church, Ashburn; St. Philip Catholic Church, Falls Church; St. Martin de Porres Senior Center, Alexandria; and at Epiphany Middle School, Culpeper. For details, please visit our website: [www.cca.net/programs\\_jobs.php](http://www.cca.net/programs_jobs.php).

### SJN Weekly Stewardship

**STEWARDSHIP REFLECTION** *"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me."* (DEUTERONOMY 26:10)

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits", the best that you have to offer, or do you give from what is leftover? Second, do you remember that everything you have has been given to you by God? Ask God for a grateful and generous heart, every day.